

# FOREIGN STUDENT KIT

## Greetings from the International Relations Office!



*Welcome to NU-Asia Pacific College, a place where students from all over the world come to learn, grow, and succeed. We are excited that you are considering NU-APC for your higher education goals. Our admissions team has put together an international student handbook that will provide you with all the information you need to know about NU-APC, including our academic programs, campus community, and a lot more.*

*We are excited to welcome you to the NU-APC community. At NU-APC, we are dedicated to providing an inclusive and diverse learning environment that fosters academic excellence, personal growth, and career development for all our students.*

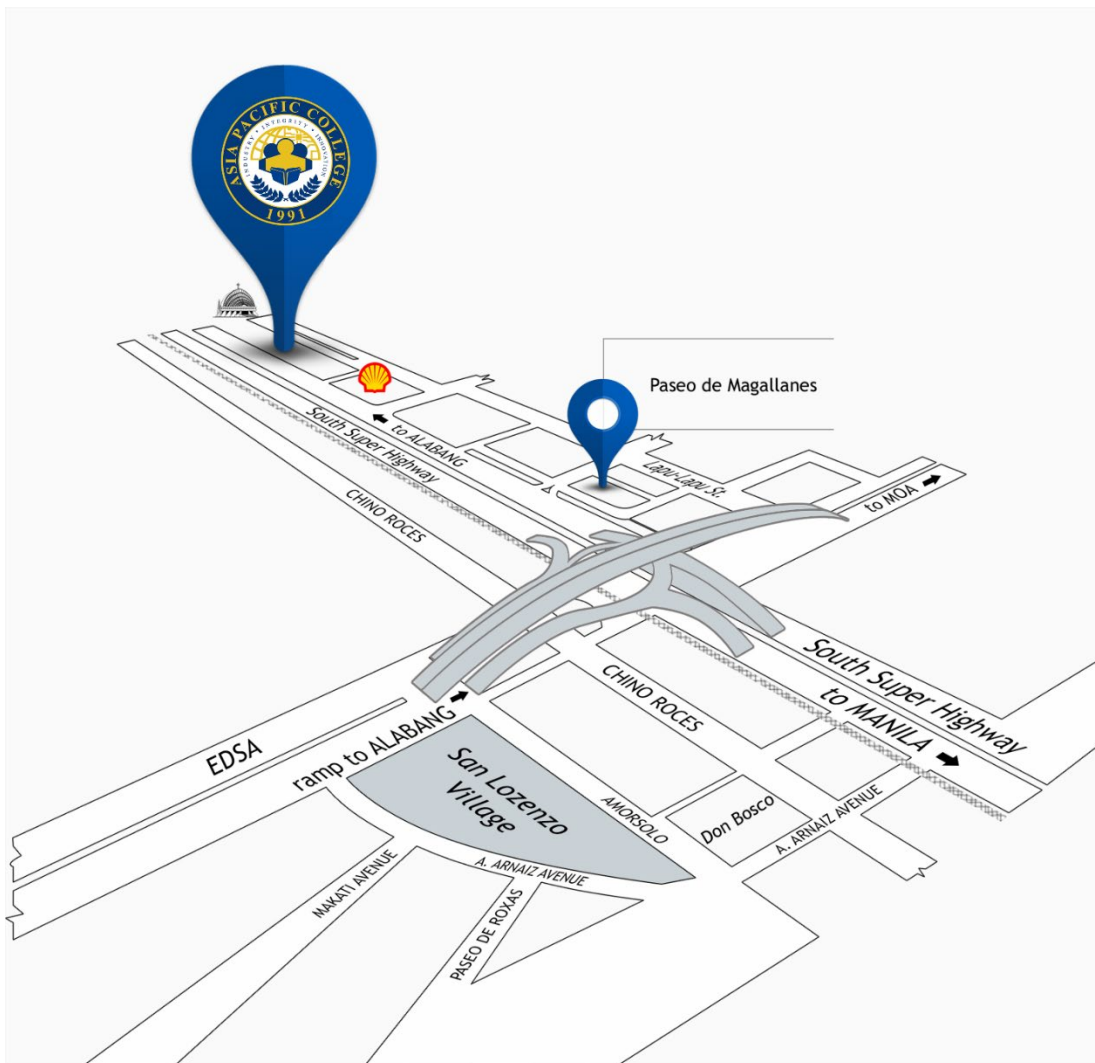
## ORIENTATION



*As a new international student, you will be required to attend an orientation session before the commencement of classes or in some cases within the duration of your stay in NU-APC. During this orientation, you will receive information about the institution, school facilities, academic programs, and student services. You will also be given an opportunity to meet other international students and ask any questions you may have. The orientation is an essential part of your transition to our institution as it will equip you with the necessary information to make informed decisions during your academic journey.*

# WELCOME TO NU - ASIA PACIFIC COLLEGE!

- **Welcome Guide:** A welcome guide that includes information about the school, its history, and student life. [video]
  - **Student Life** - [https://youtu.be/OT\\_5Nn4bh8](https://youtu.be/OT_5Nn4bh8)
  - **History** - <https://youtu.be/BBjA-zUwHTc>
- **School/Area Map:** A map of the school with important locations such as the library, cafeteria, and student center highlighted.
  - **Google Maps** - <https://goo.gl/maps/NMHzbKyZpGfoQJhEA>



- **Contact Information:** A list of important phone numbers and email addresses for the school's administrative staff, international student office, and emergency services.
  - [Contact Us - Asia Pacific College \(apc.edu.ph\)](#)
  - [Makati Web Portal](#)
  
- **Public Transportation Information:** A guide to the local public transportation system, including maps, schedules, and fare information.
  - Here is a guide to public transportation in the Philippines:
    - **Jeepneys:** Jeepneys are the most popular mode of public transportation in the Philippines. They are colorfully decorated minibuses that can accommodate up to 16 passengers. Jeepneys ply fixed routes throughout the country, and fares are typically very affordable.
    - **Bus:** Buses are another popular mode of public transportation in the Philippines. They are larger than jeepneys and can accommodate more passengers. Buses also ply fixed routes throughout the country, and fares are typically slightly more expensive than jeepneys.
    - **LRT/MRT:** The Light Rail Transit (LRT) and Metro Rail Transit (MRT) are two rapid transit systems that serve Metro Manila. The LRT has two lines, while the MRT has one line. Both systems are relatively fast and efficient, and fares are affordable.
    - **PNR:** The Philippine National Railways (PNR) is a commuter rail line that serves Metro Manila and nearby provinces. The PNR is not as fast or efficient as the LRT/MRT, but it is a more affordable option.
    - **Tricycle:** Tricycles are three-wheeled vehicles that are used for short-distance transportation. Tricycles are typically very affordable, but they can be slow and congested in traffic.
    - **Pedicab:** Pedicabs are human-powered rickshaws that are used for short-distance transportation. Pedicabs are very affordable, but they can be slow and difficult to find in some areas.
  - Here are some tips for using public transportation in the Philippines:

- Be prepared to bargain: Fares for public transportation in the Philippines are typically not fixed, so be prepared to bargain with the driver or conductor.
  - Be aware of your surroundings: Public transportation in the Philippines can be crowded and chaotic, so be aware of your surroundings and keep your belongings close to you.
  - Be patient: Public transportation in the Philippines can be slow and unreliable, so be patient and expect delays.
- **Cultural Information: Information on local customs, traditions, etc.**
    - The culture of the Philippines is a blend of traditional Filipino, Spanish Catholic, American, and other Asian influences. The country is home to over 100 ethnolinguistic groups, each with its own unique culture and traditions. However, there are some common cultural threads that run through Filipino society.
      - Greetings: The most common way to greet someone in the Philippines is with a handshake and a smile. You can also say "Magandang hapon" (Good afternoon) or "Magandang gabi" (Good evening). If you are greeting someone older or of higher status, you should use the honorific titles "po" and "opo."
      - Politeness: Filipinos are generally very polite people. It is important to be polite in your interactions with others, especially with your elders. This means using honorific titles, such as "po" and "opo," and avoiding direct eye contact.
      - Dress: The dress code in the Philippines is generally casual. However, it is important to dress appropriately for certain occasions, such as business meetings or formal events. In general, it is best to err on the side of caution and dress more conservatively.
      - Religion: The Philippines is a predominantly Catholic country. However, there is a diversity of religious beliefs in the country, and it is important to be respectful of other people's beliefs.
      - Food: Filipino food is a delicious and varied cuisine. Some of the most popular dishes include adobo, sinigang, and lumpia. If you are a vegetarian or vegan, there are also many options available.
      - Socializing: Filipinos are very social people. They enjoy spending time with family and friends, and they are always up for a party. If you are invited to a Filipino home, it is considered polite to bring a gift, such as flowers or chocolates.
      - Spanish influence: The Spanish ruled the Philippines for over 300 years, and their influence is still evident in many aspects of Filipino culture. For example,

the national language of the Philippines, Filipino, is based on Spanish. The Philippines also has a number of Spanish-style churches and buildings.

- American influence: The United States ruled the Philippines for over 50 years, and their influence is also evident in Filipino culture. For example, English is one of the official languages of the Philippines. The Philippines also has a number of American-style schools and businesses.
- Asian influence: The Philippines is located in Southeast Asia, and its culture has been influenced by other Asian cultures, such as Chinese, Malay, and Indonesian. For example, Filipino food includes many dishes that are common in other Asian countries.
- Here are some additional tips for foreign students in the Philippines:
  - Learn some Tagalog: Tagalog is the national language of the Philippines, and it is spoken by most people in the country. Learning some basic Tagalog will help you communicate with locals and make your stay in the Philippines more enjoyable.
  - Be open-minded: The Philippines is a diverse country with a rich culture. Be open to new experiences and try to learn about Filipino culture.
  - Don't be afraid to ask for help: If you need help, don't be afraid to ask for it. Filipinos are generally very helpful and will be happy to assist you.
- **Language Assistance: Resources for improving English language skills, including language classes and tutoring services.**
  - The English as a Second Language (ESL) program at Asia Pacific College is a 40-hour course aimed at enhancing the English proficiency of our international students. Integrated into their existing Masters curriculum, this program is designed to aid students in understanding their lessons more effectively, regardless of whether they are attending in-person or online classes. The course is delivered through the Microsoft Teams App, providing flexibility and convenience for students, while immediately enabling them to apply their improved language skills to their coursework.
- **Housing Information**
  - Information about on-campus housing options as well as off-campus housing resources.
    - The APC Dormitory is located on the 9th floor of the school building. Phase One (the left wing) is assigned exclusively for male residents/dormers, while Phase Two (the right wing) is for female residents/dormers. At the center of the two wings is the Dormitory Lounge Area which functions as a dining room and recreation area. This is where residents/dormers may watch cable TV, have their meals, or study in groups. Guards are available to provide 24-hour security service. Residents/Dormers observe curfew hours daily from 10:00 p.m. to 7:00 a.m.

- **Amenities**
  - Each dormitory room is air-conditioned and is good for three (3) people. Each room has one (1) toilet cubicle and one (1) shower cubicle that has hot and cold shower modes. The monthly rental includes the following: room with smoke detector/sprinkler, single-sized bed, mattress, side table, bookcase, clothes closet with lock, a drawer with lock, study table with chair, air conditioning, and 24-hour Internet connection.
- **It's More Fun in the Philippines: Department of Tourism Official AVP**
  - [Click to watch video](#)